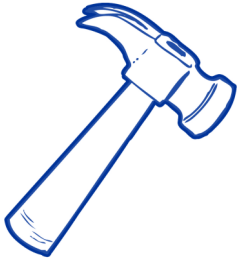


Home SAFE Initiative:



3. Make Safety Repairs

The following checklist can help older adults reduce their risk of falling at home:

- Repair holes, weak spots and uneven floors.
- Replace torn and worn carpet with appropriate flooring.
- Door handles are lever-action instead of round knobs.
- Door thresholds have been removed or are low and beveled.
- Carpeting and rugs are not worn or torn.
- Kitchen cabinets are made easily accessible.
- Check counter heights for easy accessibility.
- Steps are in repaired with non-skid surfaces.
- Porches repaired, easy grip handrails and free of uneven surfaces.
- Remove bathtubs and replace with seated showers.
- Raised seats or replace with handicap accessible commodes.
- Repairs are made based on each individual assessment.

Falls are Preventable!



Connect People to Opportunities

To learn more, visit

www.bho2020.org/home-safe

(910) 253-0699

